



**27 OCTOBER 2024**

## Welcome

Welcome to church this morning, we hope you enjoy being with us. A special welcome to Emmanuel and Sarah who are visiting from Uganda and who will be sharing an update of their work with Side by Side Christ Ministries.

## Lectionary readings

### **This week 27 October, 2024 (Holy Communion)**

Job 42:1-6, 10-17  
Psalm 34:1-8, (19-22)  
Hebrews 7:23-28  
Mark 10:46-52

### **Next Sunday 3 November, 2024**

Ruth 1:1-18  
Psalm 146  
Hebrews 9:11-14  
Mark 12:28-34

## Ladies Bible Study

Ladies Bible Study will be meeting on Tuesday at 3pm in the chapel, they will be looking at Study 7: Proverbs 30:1-33, "A Humble Heart".

## Side by Side Christ Ministries

As a congregation we have provided support to Emmanuel and Side by Side Christ Ministries in Uganda for several years now.

They are a Christian faith-based non-governmental and non-denominational organization based in Kampala. They provide education, food, clothing and practical support for a significant number of orphans and widows and those struggling in their community. They have two orphanage schools and are constructing a high school.

We will be having a retiring offering today for Emmanuel and Sarah's work. If you are interested in making a donation please either place your donation in the plate at the door or you can transfer your gift to our St George account BSB 112-879, and account number 428 172 081.

When I am afraid, I  
put my trust in you.  
In God, whose word I  
praise—in God I trust  
and am not afraid.  
What can mere  
mortals do to me?  
Psalm 56:3-4, NIV



### **Greystanes Uniting Church**

Cnr Cumberland & Eldridge Roads (P O Box 5064)

Greystanes NSW 2145

Minister: Rev Gail Hinton 0407 269 162  
revgail@greystanesuniting.org.au

Office Phone: 9636 3245

Email: office@greystanesuniting.org.au

Website: www.greystanesuniting.org.au

## **Rev Gail's Message**

Howard Clinebell was an American Methodist Minister who pioneered an approach to pastoral counselling that encompassed an understanding of human psychology. Clinebell was interested in the "wholeness" of a person, taking into consideration their spiritual growth, past traumas, difficult life circumstances and overall physical and mental health.

With over thirty years of pastoral counselling behind him he was able to identify seven key spiritual needs. I invite you to ponder each spiritual need as a way of doing a 'wholeness' health check. How well is your soul?

### **Seven Spiritual Needs**

Howard Clinebell believes that humans have seven spiritual hungers in common:

1. All people need to experience regularly the healing and empowerment of love - from others, self, and an ultimate source.
2. Everyone needs to experience renewing times of transcendence - moments that expand us beyond the immediate sensory spheres.
3. Everybody needs vital beliefs that give some sense of meaning and hope the midst of losses, tragedies, and failures.
4. Every person needs to have values, priorities, and life commitments - usually centred in issues of justice, integrity, and love - that guide us in personally and socially responsible living.
5. Each human being needs to discover and develop their inner wisdom, creativity and love of their unique transpersonal/spiritual self.
6. All people need a deepening awareness of oneness with other people and with the natural world, the wonderful web of all living things.

Every human being needs spiritual resources to help heal the painful wounds of grief, guilt, resentment, unforgiveness, self-rejection, and shame. We also need spiritual resources to deepen our experiences of trust, self-esteem, hope, joy and love of life.

Clinebell feels that everybody must pay attention to these needs to feel whole and fulfilled, making spirituality central to human well-being (Clinebell, 1992).

<https://www.takingcharge.csh.umn.edu/seven-spiritual-needs-0#:~:text=Each%20human%20being%20needs%20to,web%20of%20all%20living%20things.>